

<b>Minimum Day (8 per year)</b>
<b>HR/1st Period</b> 8:00-8:33
<b>2nd Period</b> 8:37-9:05
<b>3rd Period</b> 9:09-9:37
<b>Nutrition</b> 9:37-9:52
<b>4th Period</b> 9:56-10:24
<b>5th Period</b> 10:28-10:56
<b>Performance Academy Tutorial</b> 11:00-12:15